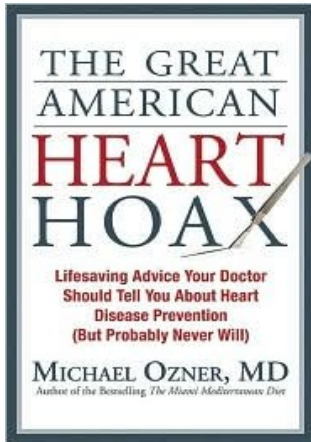




Dr. Michael Ozner

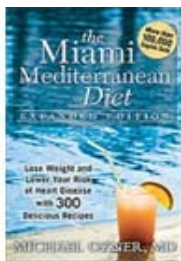
This heart health pioneer shares groundbreaking truths . . . learn what really prevents and reverses heart disease, how to reduce stress, and what you need to know about health tests and medicine

Praise for the Books



"I strongly urge you to stop whatever you are doing and immediately start reading the life-saving information contained in this book [*The Great American Heart Hoax*]. What you learn will change the way you live your life."

—Philip Smith, Editor-in-Chief, *Life Extension Magazine*



"A valuable resource from preventive cardiologist Michael Ozner."

—Dr. Nanette K. Wegner, Professor of Medicine (Cardiology), Emory University School of Medicine

Dr. Michael Ozner is a true pioneer in the field of preventive cardiology. He earned his medical degree from the University of Miami School of Medicine and pursued a Cardiology Fellowship from Stanford University/Santa Clara Valley Medical Center in California. A board-certified cardiologist, Dr. Ozner is a Fellow of the American College of Cardiology and of the American Heart Association. He is medical director of Wellness and Prevention at Baptist Health South Florida, one of the leading health care facilities in America, and medical director of the Cardiovascular Prevention Institute of South Florida. He is also past Chairman of the American Heart Association of Miami. Dr. Ozner is a frequent presenter at prestigious medical conventions worldwide, and is symposium director of Cardiovascular Disease Prevention, an annual international meeting highlighting advances in the field of preventive cardiology.

Dr. Ozner is a recognized authority and, therefore, his expertise is frequently sought out. A media pro he has appeared in every venue—newspapers such as *The New York Times*, the *Miami Herald*, and *The Washington Post*, and magazines like the *Reader's Digest*, *Oxygen*, *First for Women*, *Men's Health*, *Energy Times*, *Bottom Line Health* and *Life Extension*. In addition, he has been interviewed on numerous national radio programs and regional television shows.

Recently, the doctor's newest book, *The Great American Heart Hoax*, has created quite a stir. Clinical studies show that stents, as well as the more than 1.5 million angioplasties and bypass surgeries, are not particularly effective and, perhaps more importantly, can be worse for the patient than if they hadn't been performed at all. The book unveils the medical industry's dirty little secret behind why Americans squander close to \$60 billion a year on high-risk, expensive, and invasive procedures that neither save lives nor prevent, eradicate, and reverse heart disease. *Here's the hoax*: Most heart surgery performed today is obsolete, because it is based on a decades-old model of atherosclerosis progression, which current vascular biology research directly contradicts. But most doctors do not explain this to their patients, nor have they changed how they practice cardiac care. Dr. Ozner's approach—his famous 10-step prevention program—is safer and more effective in helping thousands of patients avoid surgery and live long, healthy lives.

His previous books are *Prevent Your First Heart Attack* and *The Miami Mediterranean Diet: Lose Weight and Lower Your Risk of Heart Disease*, the latter selling over 100,000 copies.

Dr. Ozner is recipient of the 2008 American Heart Association Humanitarian Award, and has been recognized by the Consumer Council of America as one of the top physicians in America.

A popular keynoter, Dr. Ozner frequently addresses audiences at medical conferences and universities worldwide. But he also offers various programs for today's businesses and the senior executives who lead them. Insights from his valuable and practical programs, will help individuals stay healthy, reduce stress, be more productive, and manage healthcare costs.

The doctor's programs include:

- ◆ What Your Doctor Isn't Telling You About Heart Surgery
- ◆ Dr. Ozner's 10-Step Heart Disease Prevention Program
- ◆ Tricks and Traps of Diagnosing Heart Disease
- ◆ Health Management for Busy Executives
- ◆ De-Stressing Your Fast-Paced Life



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